

# PERSONAL CORE VALUES

Below is a list of 142 personal, core values. This is by no means a complete list, simply a comprehensive list to help ignite a brainstorming session so you can determine your core values. Circle the values that resonate with you. Don't overthink your selections. Just circle the ones that you feel you have. After you have created your list, sort them into similar groups that make sense to you. Create a maximum of five groups. Choose a word from within each group that best describes or represents the other words in that group. Don't overthink it. Those 5 words are the beginnings of your prioritized Core Values.

Acceptance	Discovery	Integrity	Selfless
Accomplishment	Empathy	Justice	Sensitivity
Accountability	Empower	Kindness	Service
Accuracy	Equality	Knowledge	Sharing
Achievement	Ethical	Law Abiding	Significance
Assertiveness	Excellence	Leadership	Sincerity
Attentive	Expressive	Learning	Smart
Balance	Fairness	Liberty	Solitude
Beauty	Family	Logic	Spirituality
Bravery	Famous	Love	Spontaneous
Calm	Fearless	Loyalty	Stability
Capable	Fidelity	Maturity	Status
Careful	Focus	Openness	Stewardship
Cleanliness	Fortitude	Optimistic	Strength
Comfort	Freedom	Organization	Structure
Commitment	Friendship	Passion	Success
Common sense	Fun	Patience	Sustainability
Community	Generosity	Peace	Talent
Compassion	Giving	Persistence	Team-Building
Concentration	Grace	Playfulness	Temperance
Confidence	Gratitude	Power	Thankful
Connection	Growth	Productivity	Thorough
Consistency	Happy	Professionalism	Thoughtful
Contentment	Hard work	Prosperity	Timeliness
Control	Health	Quality	Tolerance
Conviction	Honesty	Realistic	Traditional
Cooperation	Honor	Reason	Transparency
Courage	Hope	Recognition	Trustworthy
Courtesy	Humility	Recreation	Truth
Creation	Humor	Respect	Understanding
Creative	Improvement	Responsibility	Vision
Credibility	Independence	Results-oriented	Wealth
Decisive	Individuality	Reverence	Winning
Dependability	Innovation	Satisfaction	Wisdom
Dignity	Insightful	Security	
Discipline	Inspiring	Self-Control	

